

Benefits

Government Links and Resources:

VA Benefits handbook

One of the single most important resources Veterans can utilize to better understand the benefits they have earned.

http://www1.va.gov/opa/publications/benefits_book.asp

My HealtheVet

Your VA Healthcare online! Tools that are available can help you monitor your healthcare through online prescription refill, a blended view of VA prescriptions and self-entered medications and supplements, personal health journals, and, in the near future, online copies of selected portions of your VistA electronic medical record. We are continually developing new features to help you.

www.myhealth.va.gov

My eBenefits

eBenefits is a one-stop shop for online benefits-related tools and information. This portal is designed for Wounded Warriors, Veterans, Service Members, their families, and their caregivers.

<https://www.ebenefits.va.gov>

Minnesota County Veteran Service Officers

Minnesota County Veteran Service Officers are the best place to start when you are in need of services or want to know what benefits you have earned as a Veteran.

www.macvso.org

Minnesota Department of Veteran Affairs

www.mdva.state.mn.us

Minnesota Department of Veteran Affairs "LinkVet"

Veterans Linkage Line: 1-888-LinkVet (1-888-546-5838). LinkVet is a toll-free, one-stop customer service line for all Minnesota veterans.

www.minnesotaveteran.org

Community Resources:

Minnesota Service C.O.R.E. (*Case Management, Outreach, Referral & Education*)

Free, confidential and caring professional support is available for Veterans, military members and their families. The Lutheran Social Services C.O.R.E. Program is offered statewide. We help you craft an individualized plan of action to access a broad range of wellness services: Individual, Couples, Children, and Families. Dial 1-888-881-8261

www.lssmn.org/veterans

United Way 2-1-1

United Way 2-1-1 is a free and confidential community helpline available 24 hours a day, 7 days a week. 2-1-1 helps people access information they need to navigate the ever increasing and complex array of human services. Dial 1-800-543-7709

www.unitedwayhelps.org/pages/UnitedWay2-1-1